

# Fryeburg Academy students continue to support local non-profit

MADISON — The Laura Foundation, a Mount Washington Valley based non-profit, has been the recipient of support from teachers and students at Fryeburg Academy for the past several years. Most recently, when the foundation needed help for an upcoming fundraiser, Academy staff and students again “stepped up to the plate.”

The school’s Technical Arts Chair Mark Strange and his wife Holly donated materials to create hockey goals for an upcoming Laura Foundation fundraiser, the Youth Pond Hockey Festival, taking place Jan. 30. With the wood and supplies in hand, seniors Nathan Harriman and Don Eastman took on the project, building four goals under the direction of Strange.

The Laura Foundation’s board president, Tess Dana, explains that the students not only made the goals, but they “went above and beyond” by painting the foundation’s logo on each one. She states, “It’s wonderful to see students taking the time to help out their community.”

According to Dana, the Fryeburg Academy family has been a strong supporter of the Foundation’s Laura Adaptive Recreation Center (LARC) since its inception. Each year since

2011, students have helped to maintain the center’s gardens and its horse-back riding ring, and they’ve assisted with numerous painting projects.

The students have also offered materials for program support. In 2014, Technical Arts students created wooden cutting boards for LARC’s cooking program. Also in 2014, a bench was crafted by an Academy student allowing individuals participating in the facility’s therapeutic riding program to sit while waiting for their turn on the horse. Another Fryeburg Academy led initiative was the building of the center’s raised garden beds, allowing individuals in wheel chairs to participate in gardening activities.

The hockey goals will be put to work when the puck drops on the inaugural Youth Pond Hockey Festival, held on Purity Lake at King Pine in Madison, New Hampshire the weekend of Jan. 30. Proceeds from event will go to the Laura Foundation for Autism and Epilepsy, a non-profit enriching the quality of lives of individuals with autism and/or seizure disorders. More information about the event and the organization can be found at [www.thelaurafoundation.org](http://www.thelaurafoundation.org).



Fryeburg Academy Technical Arts Chair Mark Strange along with seniors Nathan Harriman and Don Eastman took on the project, building four goals. (COURTESY PHOTO)

# High school baseball umpire course will be offered in the spring

The New Hampshire Baseball Umpires Association is looking for umpires for high school baseball next spring. The Association will conduct a course this April in Conway on either April 9 or April 10

“Anybody can come, no experience is necessary,” said Lee Champagne, one of the course instructors from Conway. “You have to be aged 18 or older, and it’s open to male and females wanting to become high

school umpires.”

Champagne said umpiring experience is helpful but not necessary, “just the desire to learn the proper way to umpire high school baseball.

Anyone interested in attending, or

wanting more details, can look on the NHBUA.org website or contact Champagne at [leechamp100@gmail.com](mailto:leechamp100@gmail.com) or Brent Covell at [brentvermont@yahoo.com](mailto:brentvermont@yahoo.com)

The high school baseball season runs from April to mid-June.

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Locke said the key was simple, well, more accurately the key was to keep it simple and throw strikes which is what he tried to do all day.

“I was really just trying to throw strike one because they are a very aggressive team,” said Locke, who faced 25 hitters and only twice even

got to a three-ball count. “It plays to our defense’s favor with ground balls and flyouts early in the count it allowed me to get back up on the mound and keep attacking the zone against those guys.

“When you get into a good rhythm, you just want to try and stay in that rhythm and keep working within your game plan.”

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